# SPA & MASSAGE MENU

# Body Massage

#### Balinese Relaxing Massage | 1 Hour **IDR 275K**

A traditional, relaxing massage using Balinese techniques designed to increase blood circulation and relieve tension.

## Aromatherapy Massage | 1 Hour

Using warmed aromatherapy oil to relieve tiredness and reinvigorate both body and mind. Choose from 5 aromas: Sandalwood, Jasmine, Lavender, Eucalyptus, or Rose.

#### Deep Tissue Massage | 1 Hour

This massage focuses on relieving tension, stimulating circulation, and enhancing body flexibility.

#### Foot Reflexiology 1 Hour

Reflexology is based on the principle that reflex points located on the feet and hands correspond to each organ and structure in the body.

#### Thai Massage | 1 Hour

A strong treatment without oil, combining acupressure points and Thai techniques to soothe sore muscles, improve blood circulation, and reduce wrinkles.

### Tention Relief | 1 Hour

A massage designed to relieve tension and stress in specific areas of the body, including foot reflexology, to stimulate the body's recuperative power.

## Four Hand Massage | 1 Hour

A signature massage performed by four hands (two therapists) using Swedish, Lomi-Lomi, myofascial stretching, percussion, and rocking techniques.

# SPA & MASSAGE MENU

# **Body Treatment**

#### Lulur Bali or Green Tea Scrub 11Hour

Refines and whitens the skin while easing unpleasant body odor. Not recommended for the face.

#### Traditional Facial | 1 Hour

Enjoy a relaxing facial that stimulates skin metabolism and drainage, complemented by a soothing hand, arm, or foot massage during the mask.

### The Menuai Package 2 Hours

#### **IDR 250K**

**IDR 250K** 

**IDR 275K** 

**IDR 275K** 

**IDR 250K** 

**IDR 400K** 

# **BREAKFAST**

#### Menuai Breakfast **IDR 200K**

**IDR 200K** 

**IDR 350K** 

Toast, sausage or bacon, sautéed mushrooms, baked tomato, and your choice of egg (scrambled, poached, or sunny side up).

#### Fried Noodle

Stir-fried noodles with chicken, egg, and vegetables.

#### Fried Rice Special

Indonesian-style fried rice with chicken, egg, vegetables, and satay.

#### Pancake & Fruit

Fluffy pancakes served with banana with your choice of honey, or maple syrup.

#### Chicken Rice Bowl

Steamed rice topped with chicken, onion, and paprika.

#### Granola

Granola with fresh milk, berries, and banana. Choice of honey or maple syrup.

#### **Egg Toast**

Bread topped with smashed avocado and your choice of egg (sunny side up, fried, or scrambled).

All includes 1 juice of preference (Watermelon, pineapple or orange)

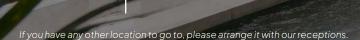
Breakfast avaiable from 7 am to 10 am order 1 day in advance

# Package

Balinese Massage + Body Scrub

# TRANSPORT SERVICE

DESTINATIONS	AVANZA, XENIA	INNOVA/APV/ XPANDER	INNOVA REBORN	HIACE
Batu Bolong, Canggu,	450,000	475,000	550,000	750,000
Pererenan	THE REAL PROPERTY.	400		
Airport, Denpasar,	500,000	600,000	700,000	1,100,000
Kuta	Andrew Control			
Sanur, Jimbaran	550,000	650,000	750,000	1,200,000
Nusa Dua, Tanah Lot	600,000	700,000	750,000	1,250,000
Uluwatu, Ubud Center	700,000	750,000	850,000	1,300,000
Padang Bai, Candi	750,000	850,000	950,000	1,350,000
Dasa, Ubud Side			1	学問し
Bedugul, Kintamani	900,000	1,000,000	1,100,000	1,500,000
Lovina, Amed	1,100,000	1,150,000	1,350,000	1,650,000
Gilimanuk, Menjangan,	1,250,000	1,300,000	1,500,000	1,800,000
Tulamben			7	To the
	100			
MAX PERSON	5 PAX	6 PAX	6 PAX	14 PAX
MAX PERSON + LUGGAGES	3 PAX	4 PAX	4 PAX	10 PAX
TLOUGAULS	The second second			





# Website

www.themenuaibali.com



# Instagram

@themenuaibali



# Facebook

The Menuai Bali Villas Canggu



# Linkedin

in/the-menuai-bali



# ENJOY YOUR

With Us

# LOCATION | STYLE | COMFORT ABOUT OUR VILLA

Experience luxury and tranquility at each villa at The Menuai Bali. Spanning 130 m², each villa boasts two spacious bedrooms with breathtaking rice field views. Enjoy the privacy of your own infinity pool and private parking space. Inside, a modern kitchen, comfy living room, and ensuite bathrooms ensure a stay of ultimate comfort and convenience. Serene in a serene retreat at The Menuai Bali.

The Menuai Bali

@ www themenusibali com

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