

# SPA & MASSAGE MENU

## Body Massage

### Balinese Relaxing Massage | 1 Hour IDR 275K

A traditional, relaxing massage using Balinese techniques designed to increase blood circulation and relieve tension.

### Aromatherapy Massage | 1 Hour IDR 275K

Using warmed aromatherapy oil to relieve tiredness and reinvigorate both body and mind. Choose from 5 aromas: Sandalwood, Jasmine, Lavender, Eucalyptus, or Rose.

### Deep Tissue Massage | 1 Hour IDR 275K

This massage focuses on relieving tension, stimulating circulation, and enhancing body flexibility.

### Foot Reflexiology | 1 Hour IDR 250K

Reflexology is based on the principle that reflex points located on the feet and hands correspond to each organ and structure in the body.

### Thai Massage | 1 Hour IDR 250K

A strong treatment without oil, combining acupressure points and Thai techniques to soothe sore muscles, improve blood circulation, and reduce wrinkles.

### Tention Relief | 1 Hour IDR 250K

A massage designed to relieve tension and stress in specific areas of the body, including foot reflexology, to stimulate the body's recuperative power.

### Four Hand Massage | 1 Hour IDR 400K

A signature massage performed by four hands (two therapists) using Swedish, Lomi-Lomi, myofascial stretching, percussion, and rocking techniques.

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## Body Treatment

### Lulur Bali or Green Tea Scrub | 1 Hour IDR 200K

Refines and whitens the skin while easing unpleasant body odor. Not recommended for the face.

### Traditional Facial | 1 Hour IDR 200K

Enjoy a relaxing facial that stimulates skin metabolism and drainage, complemented by a soothing hand, arm, or foot massage during the mask.

## Package

### The Menuai Package | 2 Hours IDR 350K

Balinese Massage + Body Scrub

# BREAKFAST

## Menuai Breakfast

Toast, sausage or bacon, sautéed mushrooms, baked tomato, and your choice of egg (scrambled, poached, or sunny side up).

## Fried Noodle

Stir-fried noodles with chicken, egg, and vegetables.

## Fried Rice Special

Indonesian-style fried rice with chicken, egg, vegetables, and satay.

## Pancake & Fruit

Fluffy pancakes served with banana with your choice of honey, or maple syrup.

## Chicken Rice Bowl

Steamed rice topped with chicken, onion, and paprika.

## Granola

Granola with fresh milk, berries, and banana. Choice of honey or maple syrup.

## Egg Toast

Bread topped with smashed avocado and your choice of egg (sunny side up, fried, or scrambled).

All includes 1 juice of preference (Watermelon, pineapple or orange)

Breakfast available from 7 am to 10 am - order 1 day in advance

~~120K~~  
**95K**  
Special Promo



# TRANSPORT SERVICE



## Website

[www.themenuaibali.com](http://www.themenuaibali.com)



## Instagram

[@themenuaibali](https://www.instagram.com/themenuaibali)



## Facebook

The Menuai Bali Villas Canggu



## Linkedin

[in/the-menuai-bali](https://www.linkedin.com/company/in/the-menuai-bali)

ENJOY YOUR  
*Stay*  
With Us

## LOCATION | STYLE | COMFORT ABOUT OUR VILLA

Experience luxury and tranquility at each villa at The Menuai Bali. Spanning 130 m², each villa boasts two spacious bedrooms with breathtaking rice field views. Enjoy the privacy of your own infinity pool and private parking space. Inside, a modern kitchen, comfy living room, and ensuite bathrooms ensure a stay of ultimate comfort and convenience. Serene in a serene retreat at The Menuai Bali.

## The Menuai Bali

[www.themenuaibali.com](http://www.themenuaibali.com) [@themenuaibali](https://www.instagram.com/themenuaibali) [in/the-menuai-bali](https://www.linkedin.com/company/in/the-menuai-bali)

| DESTINATIONS                      | AVANZA,<br>XENIA | INNOVA/APV/<br>XPANDER | INNOVA<br>REBORN | HIACE     |
|-----------------------------------|------------------|------------------------|------------------|-----------|
| Batu Bolong, Canggu,<br>Pererenan | 450,000          | 475,000                | 550,000          | 750,000   |
| Airport, Denpasar,<br>Kuta        | 500,000          | 600,000                | 700,000          | 1,100,000 |
| Sanur, Jimbaran                   | 550,000          | 650,000                | 750,000          | 1,200,000 |
| Nusa Dua, Tanah Lot               | 600,000          | 700,000                | 750,000          | 1,250,000 |
| Uluwatu, Ubud Center              | 700,000          | 750,000                | 850,000          | 1,300,000 |
| Padang Bai, Candi                 | 750,000          | 850,000                | 950,000          | 1,350,000 |
| Dasa, Ubud Side                   |                  |                        |                  |           |
| Bedugul, Kintamani                | 900,000          | 1,000,000              | 1,100,000        | 1,500,000 |
| Lovina, Amed                      | 1,100,000        | 1,150,000              | 1,350,000        | 1,650,000 |
| Gilimanuk, Menjangan,<br>Tulamben | 1,250,000        | 1,300,000              | 1,500,000        | 1,800,000 |
| MAX PERSON                        | 5 PAX            | 6 PAX                  | 6 PAX            | 14 PAX    |
| MAX PERSON<br>+ LUGGAGES          | 3 PAX            | 4 PAX                  | 4 PAX            | 10 PAX    |

*If you have any other location to go to, please arrange it with our receptions.*